

Instructions for Taking
Over-the-counter Pain Medications

If you can safely take NSAID medications, the combinations below work 30% better at controlling pain than narcotic pain medicines. To maximize your comfort before and after your procedure, Dr. Moorhead recommends this regimen for your dental pain:

Alternative 1:

Medication	Your Weight	Your Dosage
Aleve (Naproxen Sodium)	120+ lbs. 90 – 119 lbs.	2 tabs every 8 hours 1.5 tabs every 8 hours
<i>PLUS</i>		
Tylenol (Acetaminophen)	120+ lbs. 90 – 119 lbs.	2 extra strength every 8 hours 2 regular strength every 8 hours

Note: You can continue this dosage as often as every 8 hours for only 5 days. After, take Naproxen Sodium only every 12 hours or use Alternative 2 below.

Alternative 2:

Medication	Your Weight	Your Dosage
Advil (Ibuprofen)	110+ lbs. 90 – 109 lbs.	3 tabs every 6 hours (200 mg. each) 2 tabs every 6 hours
<i>PLUS</i>		
Tylenol (Acetaminophen)	120+ lbs. 90 – 119 lbs.	2 extra strength every 8 hours 2 regular strength every 8 hours

If your procedure is scheduled, take these doses **one hour before:**

Alternative 1:

Medication	Your Weight	Your Dosage
Aleve (Naproxen Sodium)	120+ lbs. 90 – 119 lbs.	2 tabs 1.5 tabs

Alternative 2:

Medication	Your Weight	Your Dosage
Advil (Ibuprofen)	110+ lbs. 90 – 109 lbs.	3 tabs (200 mg each) 2 tabs (200 mg each)

If Dr. Moorhead has prescribed the narcotic Hydrocodone or Percocet, ***do not take Tylenol*** with either of these medications, since those medicines already contain Tylenol.

As always, if you have any questions or concerns about taking any of your prescribed or over-the-counter medications, do not hesitate to call our office, or Dr. Moorhead directly, at the numbers listed below.



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